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e-Newsletter

September 2013



UNIVERSITY of MARYLAND SCHOOL OF MEDICINE CENTER FOR INTEGRATIVE MEDICINE

Workshops/Classes

QiGong
Tai Chi
Writing for Wellness
Healing Pathways
Yoga Teacher Training*

*Watch a video about our Yoga Teacher Training Program [here](#).



Research Study: Writing for Grief

Be part of a University of Maryland, Baltimore study on the role of faith and spirituality in bereavement. This study is an intervention designed to help people who are grieving the loss of a loved one. There is no cost to participants.

[Click here to learn more and to see if you are eligible to participate.](#)

2013 Health & Wellness Conference

The University of Maryland School of Medicine Center for Integrative Medicine's second annual Health & Wellness Conference was held on Saturday, May 4, 2013 at the Hilton Baltimore. More than 350 health care professionals and lay people gathered to hear Mark Hyman, MD, doctor, author, and advisor to the Dr. Oz Show, speak about how society can influence health and how we can be a part of the wellness movement. More than 20

experts in health care and integrative medicine led workshops throughout the day on topics such as nutrition, meditation, yoga, spirituality, environmental health, Ayurveda, manual medicine, acupuncture, and more.

Participants were able to select one of three to five workshops from each of the four sessions and were united in one room for Dr. Hyman's keynote lecture, the interdisciplinary lunch panel on "Changing the Paradigm of Health Care," and the plenary session addressing "Pain Management in the 21st Century" led by the Center's Associate Director Dr. Delia Chiamonte.

[Read more](#)



QiGong Workshop with
Dr. Kevin Chen

(photo: Doug Kapustin Photography)



Panel (L to R): Diane Hoffmann, Thomas Scalea, MD,
Brian Berman, MD, Lori Knutson, RN

(photo: Doug Kapustin Photography)

In the News

Dr. William Rollow named new Director of Clinical

Chris D'Adamo, PhD and William Rollow, MD were on the Marc Steiner Show on WEEA 88.9FM.

John Reed, MD and Ting Bao, MD were quoted in the June 25th Wall Street Journal column "Aches & Claims" in an article entitled "Can You Relieve Pain with the Squeeze of a Hand?"

Prevention.com article uses one of Eric Manheimer's systematic reviews as evidence for "The Key to IVF Success."

Eric Manheimer's article on acupuncture for IVF was a topic of discussion on Fox News and Yahoo News.

Health Alert

Bitten by a Tick?

If you are bitten by a tick you may or may not need to be treated based on the description of the tick and how long it has been attached...

[Read more to find out what to do.](#)

Services at CIM

William Rollow, MD joined the Center for Integrative Medicine team in April 2013 as an assistant professor in the Department of Family & Community Medicine, an integrative physician, and Director of Clinical Services at the Center for Integrative Medicine.



[Click here to read more about Dr. Rollow.](#)

Dr. John Reed welcomed as Director of Inpatient Services

John C. Reed, MD, MDiv, a board-certified family physician, joined the Center for Integrative Medicine team in June 2013 as an assistant professor in the Department of Family & Community Medicine and the Director of Inpatient Services for the Center for Integrative Medicine.



[Click here to read more about Dr. Reed.](#)

Maryland Hospitals for a Healthy Environment joins the CIM team

This year, Maryland Hospitals for a Healthy Environment (MD H2E) became part of the Center for Integrative Medicine team and are currently housed in a nearby location on Redwood Street. Their mission is to engage Maryland Hospitals and health care providers in becoming leaders in environmental health and sustainability through networking, education, technical assistance, and recognition. MD H2E has been advancing a culture of environmental health and sustainability in Maryland's health care community since 2005. [Learn more about MD H2E here.](#)

MD H2E

Maryland Hospitals for a Healthy Environment



Patient Care Team



Kernan Hospital | 2200 Kernan Drive, 2nd Floor North | Baltimore, MD 21207
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Whether you are looking for acupuncture, psychotherapy, nutritional counseling, or a physician consultation, the Integrative Patient Care Team is ready to help!

[Click here to learn about our services and locations.](#)



Transforming Medicine Beyond Imagination

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