CIM Celebrates 20 Years of Transforming Medicine

On Tuesday, May 17, 2011, the University of Maryland School of Medicine’s Center for Integrative Medicine celebrated its 20th Anniversary and cut the ribbon on its offices at East Hall on the UMB campus. More than 100 friends and supporters attended and listened to remarks by Senator Barbara A. Mikulski and University officials including President Jay P. Perman, School of Medicine Dean Albert E. Reece, and CIM Director Brian Berman about the Center’s contributions on the UMB campus. More than 100 friends and supporters attended and listened to remarks by Senator Barbara A. Mikulski and University officials including President Jay P. Perman, School of Medicine Dean Albert E. Reece, and CIM Director Brian Berman about the Center’s contributions and its future goals.

What They Said…
Highlights of Remarks from the Ceremony

If we can change healthcare, we can change the world, U.S. Senator Barbara A. Mikulski. During her remarks, Senator Mikulski praised the Center for Integrative Medicine for advancing an understanding of complementary medicine in the United States and its pioneering research initiatives.

For links to additional quotes and videos of the speakers, please click here.

In Memorium
Elizabeth (Lisa) Kimbrough Pradhan, PhD
Assistant Professor

This past January, the Center for Integrative Medicine lost a dear friend and colleague when Lisa Kimbrough died of brain cancer. She dedicated her career to investigating mind/body medicine and had earned an international and national reputation for her research in this field, and was studying the effectiveness of Mindfulness-based Stress Reduction (MBSR) and meditation to help victims of childhood abuse, persons suffering from depression, and those afflicted with painful rheumatoid arthritis.

In an April 2011 U.S. News & World Report article entitled “Medical Schools Embrace Alternative Medicine,” Delia Chiaromonte, M.D. notes that medical students who learn about integrative medicine also learn the importance of taking better care of their own health to be more effective healers. Chris D’Adamo, Ph.D. was quoted in Men’s Health Magazine (August 2011), as an expert on dietary supplements that work.

Clinic Update
Patricia (Pat) Ravella, CNRP, PhD, has joined the clinic as a Family Nurse Practitioner. She brings to the clinic her experience in CAM, as well as family medicine, internal medicine, weight management, mental health, dermatology, and more.

Research Trials
Are you eligible to participate in one of our research trials?

Classes
Weekly Tai Chi & QiGong classes are offered at our Kernan Hospital location.

Imagine…
...what we can do together
Your gift to the Center for Integrative Medicine is a wonderful way to say “thank you” to a caregiver for a job well done, to honor or memorialize a loved one, or to support research, education and clinical care in areas meaningful to you. To celebrate the Center’s 20th anniversary, a generous anonymous donor will double each gift made to the Center for Integrative Medicine.

We are now on Facebook. “Like us” today for the latest news and updates about the Center and integrative medicine.