

## CIM Celebrates 20 Years of Transforming Medicine



East Hall (shown here (R) next to the historic Davidge Hall) was officially "opened" at the 20th Anniversary & Ribbon Cutting Ceremony on May 17, 2011.

(East Hall photo: R. Owens, CIM; Ribbon Cutting photo: M. Teske, SOM)



Officially cutting the ribbon to East Hall are (left to right) UMB President Jay A. Perman, School of Medicine Dean Albert E. Reece, CIM Director Brian Berman, Kohlberg Foundation Executive Director Nancy McCabe, and Tussi Kluge of the John W Kluge Foundation.

### CIM 20th Anniversary & Ribbon Cutting Ceremony

On Tuesday, May 17, 2011, the University of Maryland School of Medicine's Center for Integrative Medicine celebrated its 20<sup>th</sup> Anniversary and cut the ribbon on its offices at East Hall on the UMB campus. More than 100 friends and supporters attended and listened to remarks by Senator Barbara A. Mikulski and University officials including President Jay Perman, School of Medicine Dean Albert E. Reece, and CIM Director Brian Berman about the Center's contributions and its future goals.

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#### What They Said... Highlights of Remarks from the Ceremony

***If we can change healthcare, we can change the world,*** U.S. Senator Barbara A. Mikulski. During her remarks, Senator Mikulski praised the Center for Integrative Medicine for advancing an understanding of complementary medicine in the United States and its pioneering research initiatives.

For links to additional quotes and videos of the speakers, please [click here](#).

(Photo: Mark Teske, SOM)



#### In Memorium Elizabeth (Lisa) Kimbrough Pradhan, PhD Assistant Professor

This past January, the Center for Integrative Medicine lost a dear friend and colleague when Lisa Kimbrough died of brain cancer. She dedicated her career to investigating mind/body medicine and had earned an international and national reputation for her research in this field and was studying the effectiveness of Mindfulness-based Stress Reduction (MBSR) and meditation to help victims of childhood abuse, persons suffering from depression, and those afflicted with painful rheumatoid arthritis. [Read More Here](#)

#### Integrative Medicine Elective a Top Choice for 4<sup>th</sup> Year Medical Students

"A truly empowered patient is the ideal patient," Delia Chiamonte, MD CIM, Director of Clinical Education, wrote in an opinion piece for the Journal of the American Medical Association. It's a point of view she impresses upon 4<sup>th</sup> year medical students taking the Integrative Medicine elective. [Read More Here](#)

Delia Chiamonte,  
Director of Education



#### Brian Berman, M.D. is appointed to the NCCAM Advisory Council

Brian Berman, M.D. has been appointed to the Advisory Council for the NIH National Center for Complementary and Alternative Medicine (NCCAM). The council serves as the principal advisory body to NCCAM, the lead federal agency for complementary and alternative medicine (CAM) research, and a component of the National Institutes of Health.

[Read More Here](#)

Our 2012 Conference "[Healing the Whole Person](#)" is scheduled for April 14, 2012 and will feature keynote speaker Dr. Andrew Weil. Check our website and Facebook for updates.

We are now on [facebook](#)! "Like us" today for the latest news and updates about the Center and integrative medicine.

*Transforming Medicine Beyond Imagination*

To add or remove your name from our e-mail list, please email us at [hbosk@compmed.umm.edu](mailto:hbosk@compmed.umm.edu).  
General questions or comments? Email us at [info@compmed.umm.edu](mailto:info@compmed.umm.edu) or call 410-706-6166.

## Imagine...

...what we can do  
together

Your gift to the Center for Integrative Medicine is a wonderful way to say "thank you" to a caregiver for a job well done, to honor or memorialize a loved one, or to support research, education and clinical care in areas meaningful to you. To celebrate the Center's 20th anniversary, a generous anonymous donor will double each gift made to the Center for Integrative Medicine.

[Learn More Here](#)



Photo: Harry Bosk

### In the News

**Brian Berman, M.D.**, describes the history of the University of Maryland Center for Integrative Medicine and the growth of integrative medicine in the U.S. in an article "The Triumph of New Age Medicine," which is in the July/August 2011 edition of *The Atlantic*.

In an April 2011 *U.S. News & World Report* article entitled "Medical Schools Embrace Alternative Medicine," **Delia Chiamonte, M.D.** notes that medical students who learn about integrative medicine also learn the importance of taking better care of their own health to be more effective healers.

**Chris D'Adamo, Ph.D.** was quoted in *Men's Health Magazine* (August 2011), as an expert on dietary supplements that work.

### Clinic Update



Patricia (Pat) Ravella, CRNP, PhD, has joined the clinic as a Family Nurse Practitioner. She brings to the clinic her experience in CAM, as well as family medicine, internal medicine, weight management, mental health, dermatology, and more.

[Read More Here](#)

### Research Trials

Are you eligible to participate in one of our research trials?

[Click Here to See](#)

### Classes

Weekly Tai Chi & QiGong classes are offered at our Kernan Hospital location.

[Read More - Tai Chi](#)  
[Read More - Qi Gong](#)